

Pineapple Upside-Down Cake

Ingredients

1/4 cup	Agave nectar, or brown rice syrup
1 tbsp	lemon juice
1	pineapple, cut into chunks or rings, or 1 can unsweetened pineapple
1 1/2 cup	whole wheat pastry flour
2 1/4 tsp	baking powder
1/2 tsp	cinnamon
1/4 tsp	ground ginger
1/4 tsp	nutmeg
1/4 tsp	cloves
1/4 tsp	salt
1 cup	soy or rice milk
1/2 cup	Agave nectar, or brown rice syrup, or maple syrup
1 1/2 tsp	vanilla

Preparation

- Preheat oven to 350 degrees
- Use a non-stick 9-inch cake pan, or *lightly* oil a 9-inch cake pan
- Drizzle sweetener and lemon over the bottom of the pan
- Arrange fruit to cover the bottom of the pan
- Mix dry ingredients well
- In a separate bowl, whisk together wet ingredients
- Add wet to dry and stir well
- Pour over fruit
- Bake until the center is done (about 40 minutes)
- Cool for 10 minutes
- Invert onto a cooling rack or serving plate